

South Elgin National Karate

Director: Michael Drescher

Executive Office Manager: Cathy Drescher



Instructors

Mandi Oie / Reggie Wilkins / Jim Steele / Rob Taluc
Elijah Rojas / Ethan Vinson / Donovan Powers / Mike Rosenblum
Samahi Shah / Charlotte Elliff / Olivia Cesario
Clara Baker / Cole Leciejewski / Dylan Rosalez



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EFFECTIVE 6-15-2025

4-7 YR OLD	MON	TUES	WED	THURS	FRI	SAT
BEGINNERS	5:00		6:00			10:00 AM
GOLD BELTS	5:30		4:30			9:30 AM
GREEN AND UP	4:00		5:00			8:30 AM

FOR ALL GREEN AND UP & SOLID BELT LEVEL CLASSES. PLEASE BRING SPARRING GEAR TO EVERY CLASS.

8-12 YR OLD	MON	TUES	WED	THURS	FRI	SAT
BEGINNERS		5:00		6:00		10:30 AM
GOLD AND GREEN		4:00		6:30		11:00 AM
PURPLE AND BLUE		5:30		5:00		11:00 AM
BLUE W/ RED THRU RED W/ BROWN STRIPE				4:00	5:00	12:00 PM
BROWN - DOUBLE BLACK		6:30			4:00	12:00 PM
BLACK BELTS (8 -14 Yr Olds)	6:00		6:30		7:00	

13 & UP	MON	TUES	WED	THURS	FRI	SAT
WHITE - BLACK BELTS (15+ YRS)	8:30 PM	7:30 PM	12:30 PM			
			8:30 PM			

OTHER CLASSES

Beginner Krav Maga	Thursdays - 7:30 PM Fridays - 6:00 PM
Advanced Krav Maga	Tuesdays - 8:30 PM
Mega Team (Beginner & Advanced) *See Mr. Drescher for Info*	Saturdays from 1 PM to 2 PM *Canceled on Exam Days*
Cardio Kickboxing Class	Mondays 7:45 PM - 8:30 PM *Wednesdays 6:15 PM - 7:15 PM* *@ the SE PD Building*
Candidate Class	Mondays from 6:00 PM to 7:45 PM
Fight Night	Wednesdays at 7:30 PM *3rd Wednesday of the Month we are at Bartlett NK*



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