



Bartlett National Karate

385 S. Prospect Ave., Bartlett, IL 60103

630.289.7777

www.ChicagoNK.com

School Director: Dustin Kook - BartlettNationalKarate@gmail.com

School Director: Gopi Doniparthi - BartlettNK01@gmail.com

Instructors: Steven Harshbarger - Aram Gordiano - Emily Bautista - Kaylee Bautista - Alex Chakos - Miles Bates

Effective: 6/10/19	MAXIMUM CLASS ATTENDANCE IS 2 CLASSES PER WEEK											
4-7 YR OLD	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY	
	Room 1	Room 2	Room 1	Room 2	Room 1	Room 2	Room 1	Room 2	Room 1	Room 2	Room 1	Room 2
BEGINNERS				5:30				5:00				9:30
GOLD STRIPES				5:00				4:30				10:05
GREEN STRIPES			4:30				*4:15					9:00
PURPLE STRIPES	5:00						*4:15					9:00
BLUE & UP STRIPES			5:00						4:10/*4:45			

Effective: 6/10/19	MAXIMUM CLASS ATTENDANCE IS 3 CLASSES PER WEEK											
8-12 YR OLD	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY	
	BEGINNERS			5:30				5:00				9:30
GOLD BELTS		4:50							4:30		10:40	
GREEN BELTS		4:50			*4:00				4:30		10:40	
PURPLE BELTS			6:00		*4:00		5:30					
BLUE BELTS			6:00				5:30				*11:15	
RED BELTS	5:40					4:15					*11:15	
BROWN-DBL BLACK STRIPES	4:00				5:00				5:15		*12:00	
1ST DEGREE BLACK BELTS							6:15/*7:00		7:45			

Effective: 6/10/19	MAXIMUM CLASS ATTENDANCE IS 3 CLASSES PER WEEK PLUS KB											
13 & UP	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY	
	WHITE AND GOLD BELTS		6:15								6:50	
GREEN - BLUE		6:15	6:45			*7:20				6:50		
RED BELTS			6:45			*7:20/8:00			6:00			
BROWN BELTS	*7:05		6:45			8:00			6:00			
1ST DEGREE BLACK	*7:05				8:00				7:00			
2ND & 3RD DEGREE BLACK	*7:05				5:45				7:00			
Advanced Teen Sparring					*7:20							
All Levels												



KRAV MAGA		
WEDNESDAY	Fri - Beginners	SATURDAY
6:30 PM	6:00:00 PM (B)	10:45:00 AM (B)

Krav Maga 15 years old and up

Website: www.ChicagoNK.com

CARDIO KICKBOXING	
TUESDAY	THURSDAY
7:30 PM	7:45 PM

Kickboxing 15 years old and up

Facebook: www.Facebook.com/BartlettNationalKarate

****HAVE YOUR NEXT BIRTHDAY PARTY HERE****

PRIVATE LESSONS AVAILABLE UPON REQUEST