



Bartlett National Karate

385 S. Prospect Ave., Bartlett, IL 60103

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School Director: Dustin Kook - BartlettNationalKarate@gmail.com

School Director: Gopi Doniparthi - BartlettNK01@gmail.com

Instructors: Steven Harshbarger - Aram Gordiano - Emily Bautista - Kaylee Bautista - Alex Chakos - Miles Bates

MAXIMUM CLASS ATTENDANCE IS 2 CLASSES PER WEEK												Effective: 5/13/19	
4-7 YR OLD	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		
	Room 1	Room 2	Room 1	Room 2	Room 1	Room 2	Room 1	Room 2	Room 1	Room 2	Room 1	Room 2	
BEGINNERS				5:30				5:00				9:30	
GOLD STRIPES				5:00				4:30				10:05	
GREEN & PURPLE STRIPES			4:30				*4:15					9:00	
BLUE & UP STRIPES			5:00						4:10/*4:45				

MAXIMUM CLASS ATTENDANCE IS 3 CLASSES PER WEEK												
8-12 YR OLD	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY	
	BEGINNERS			5:30				5:00				9:30
GOLD BELTS	4:50								5:15		10:40	
GREEN BELTS	4:50				*4:00				5:15		10:40	
PURPLE BELTS			6:00		*4:00		5:30					
BLUE BELTS			6:00				5:30				*11:15	
RED BELTS	5:35					4:15					*11:15	
BROWN-DBL BLACK STRIPES	4:00				5:00				4:30		*12:00	
1ST DEGREE BLACK BELTS							6:15/*7:00		7:45			

MAXIMUM CLASS ATTENDANCE IS 3 CLASSES PER WEEK PLUS KB												
13 & UP	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY	
	WHITE AND GOLD BELTS	6:15									6:50	
GREEN - BLUE	6:15		6:45		*7:20					6:50		
RED BELTS			6:45		*7:20/8:00				6:00			
BROWN BELTS	*7:05		6:45		8:00				6:00			
1ST DEGREE BLACK	*7:05				8:00				7:00			
2ND & 3RD DEGREE BLACK	*7:05				5:45				7:00			
Advanced Teen Sparring						*7:20						
All Levels												



KRAV MAGA		
WEDNESDAY	Fri - Beginners	SATURDAY
6:30 PM	6:00:00 PM (B)	10:45:00 AM (B)
Krav Maga 15 years old and up		

CARDIO KICKBOXING	
TUESDAY	THURSDAY
7:30 PM	7:45 PM
Kickboxing 15 years old and up	

