



National ★ Karate

Respect

Life Skills & Character Development

Instructions: Parents, please help your child with this worksheet so that you can help your child develop the valuable life skill of respect. When it is finished, return it to your instructor to earn a stripe.

To get respect one must first give respect.

There once was a policeman who stopped two kids for skateboarding in front of a business that did not allow skateboarders. One of these kids looked the officer in the eye when he was being spoken to, then answered the officer's questions with either "Yes Sir" or "No Sir". The other kid acted like a tough guy. He wouldn't look the officer in the eye and when he spoke to the officer he used grunts and slang expressions.

Homework for Children and Youth – 4 Years and Older:

Pretend for a moment that you are the police officer:

1. Which one of the kids showed the officer respect?
2. Which one of the two kids would you most likely trust to tell the truth?
3. Which one of the kids are you most likely to give a ticket to?

Additional homework for Youth – 8 Years and Older: (Write answers on back of this paper.)

4. How does it make you feel when people are disrespectful to you?
5. What are the potential negative consequences, to you, if you are disrespectful to teachers?
6. What are the potential positive consequences, to you, if you are respectful to your parents?



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